

# Changing our Words for Math Learning

Words are powerful... think about how you use them

*Instead of...*

*Try...*

I was never good at math.

Let's try to learn this together.

You'll never use this math in real life.

This math is teaching you good problem solving skills.

This math is really hard.

This is more challenging. How can we work through it in small steps?

I hate math.

This isn't my favourite topic, but I enjoy a good challenge.

You should be getting this.

Let's take a break and try again later.