10 Things to NEVER Say to Children about Math

They are always listening... use your words to empower and encourage.

Math is hard.

You don't have to like math, just try to pass the class.

Math makes my head hurt.

There are no math people in our family.

I was never good at math.

I can't do math, so I'm not surprised you can't either.

I'm no good at math, go ask <insert-loved-one-here> for help.

You'll never use any of that math in real life.

Girls can't do math.

It's okay if you find math hard, I never liked it myself.

